Behavior is the way in which a person conducts themselves or behaves. A child’s behavior can show in different ways and serve different purposes due to intellectual and cognitive ability.

**Behaviors**

|  |  |  |
| --- | --- | --- |
| **PK – 5th Grade**  | **6th – 8th Grade** | **9th – 12th Grade** |
| Tantrum | Attention seeking (fighting with sibling, ignoring adult requests) | Attention seeking (fighting with sibling, ignoring adult requests) |
| Biting  | Biting  | Biting  |
| Hitting  | Hitting  | Hitting  |
| Kicking  | Kicking  | Kicking  |
| Screaming  | Screaming  | Screaming  |
| Cursing  | Cursing  | Cursing  |
| Walking away/off, wandering | Walking away/off, wandering, leaving  | Walking away/off, wandering, leaving  |
| Defiance  | Defiance  | Arguing  |
| Throwing items | Refusal  | Defiance  |
| Refusal  | Throwing items | Refusal |

\*This table is not meant to be an exhaustive list\*

**Behavior Strategies:**

1. First/Then, If/Then, When/Then Visual Schedule
2. Verbal praise (ex. Great Job! Awesome!)
3. Tangible reinforcement (ex. food, toys, coloring)
4. Physical praise (ex. High Five, stickers)
5. Increase adult supervision/surveillance
6. Offer choices
7. Planned ignoring
8. Verbal redirection
9. Physical redirection
10. Timeout
11. Nonverbal communication (ex. pointing,
12. Proximity control
13. Private discipline
14. Offer choices
15. Behavior Contract

**Behavioral Intervention Resource List**

1. <https://www.pbisworld.com/>
2. <https://www.pbis.org/>
3. <http://pbismn.org/>
4. <https://childmind.org/article/managing-problem-behavior-at-home/>
5. <https://www.empoweringparents.com/resources/>
6. <https://www.apbs.org/about/families>
7. <http://www.thelearningcommunity.us/>
8. <https://www.pacer.org/>
9. <https://www.healthychildren.org/English/family-life/family-dynamics/communication-discipline/Pages/How-to-Shape-Manage-Young-Child-Behavior.aspx>
10. <https://educationandbehavior.com/how-to-discipline-a-child-with-behavior-problems/>

**First/Then Tutorial**

<https://www.youtube.com/watch?v=PLctHtVMZrc>

**DIY Behavior/Reinforcement Chart**

<https://www.youtube.com/watch?v=YkAQdYZemKI>

**Positive & Negative Consequences**

<https://amotherfarfromhome.com/32-consequences-bad-behavior/>

<https://www.verywellfamily.com/discipline-kids-with-positive-and-negative-consequences-1094780>

<https://centerforparentingeducation.org/library-of-articles/discipline-topics/consequences-made-easy/>